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## CLAIMS

- A treadmill arrangement, which comprises a treadmill and also a transmitter that is arranged to be connectable to a treadmill user and to transmit an electromagnetic signal,
- 5 at least one receiver that is arranged in connection with the treadmill to receive the signal transmitted by the transmitter,
  - an apparatus for processing the signal, and
  - an apparatus for generating information that is arranged to receive the information arriving from the signal processing apparatus and to generate therefrom the user's position data and/or control information, the transmitter transmitting the electromagnetic signal being a transmitter part of a heart rate monitor or a heart rate measuring system.
  - Arrangement as claimed in claim 1, wherein the arrangement further comprises two or more receivers that are disposed on two divergent sides of the treadmill or clearly apart from one another.